



# MENU

## Fresh Press Juices 11 oz

<b>Garden Glow</b> celery, green apple, cucumber, spinach, pineapple, ginger, orange juice, carrot.....	\$7
<b>Heart Beet</b> red beets, carrot, pomegranate juice, fuji apples.....	\$7

## Smoothies 16 oz

<b>Almond Green Dream</b> banana, spinach, almond milk, honey .....	\$8
<b>Berry Banana Boom</b> strawberries, banana, yogurt, pineapple juice.....	\$8
<b>PB &amp; Chocolate</b> banana, peanut butter, milk, and chocolate protein powder.....	\$8
<b>Immunity Island</b> mango, banana, coconut cream, milk, vanilla protein powder.....	\$8
<b>Acai Berry Blast</b> acai, strawberries, oat milk, agave, choice of protein.....	\$10
flax seed protein, add .....	\$1.5
bee pollen, creatine, or cashew flour, add .....	\$2
chocolate or vanilla whey isolate protein, or multi-collagen, add .....	\$3

## Breakfast

<b>Avocado Toast</b> with tomato and balsamic ..	\$10
<b>Chorizo Breakfast Burrito</b> with salsa .....	\$8
<b>Breakfast Sandwich</b> bacon or sausage.....	\$8
<b>Vegetarian Breakfast Burrito</b> .....	\$8
<b>Egg Bites Florentine</b> .....	\$8
<b>Yogurt Parfait</b> with fruit.....	\$8
<b>Toasted Bagel</b> .....	\$4
With cream cheese, add.....	\$2
<b>Hard Boiled Eggs</b> .....	\$4

## Specialty Coffees

<b>Espresso</b> .....	\$4
<b>Americano</b> .....	\$4
<b>Cappuccino</b> .....	\$5
<b>Latte</b> .....	\$5
<b>Iced Matcha Latte</b> .....	\$7

## Healthy Choices

<b>BLT Sandwich</b> .....	\$12
<b>Club Sandwich</b> .....	\$12
<b>Chicken Salad Wrap</b> .....	\$10
<b>Chicken Caesar Wrap</b> .....	\$10
<b>Smoked Gouda &amp; Ham Sandwich</b> with garlic aioli .....	\$10
<b>Tuna Bowl</b> with pita chips or naan .....	\$8
<b>Chicken Salad Bowl</b> with pita chips or naan .....	\$8
<b>Tempura Green Beans</b> with ranch & ketchup .....	\$8
<b>Tempura Zucchini Sticks</b> .....	\$8
With avocado, add .....	\$1



### Kids

Chicken Tenders .....	\$8
French Fries .....	\$6
Sliders (3) .....	\$10
Hot Dog or Corn Dog .....	\$8
Grilled Cheese .....	\$8

### Snacks

Popcorn.....	\$3
Chips.....	\$3
Assorted Candy.....	\$3

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# DESSERTS

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### Frozen Snacks

Klondike Ice Cream Sandwich.....	\$5
Ice Cream Cone .....	\$5
Italian Lemon Ice .....	\$5
Dippin' Dots (pick your flavor)	
Cotton Candy, Chocolate, Rainbow, Cookies N' Cream .....	\$8

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# DRINKS

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### Drinks

Fountain Soda.....	\$4
Iced Tea .....	\$4
Lemonade.....	\$4
Red Bull .....	\$5
Bottled Water.....	\$2
Gatorade .....	\$5

### Canned Beer & Seltzer

Cerveza La Valle .....	\$7
Corona .....	\$7
Stella .....	\$7
Sculpin .....	\$8
Blue Moon .....	\$7
Cutwater.....	\$11

### Wine & Bubbles

Whispering Angel Rose.....	\$14
Chasing Venus NZ Sauvignon Blanc.....	\$11
William Hill Chardonnay .....	\$9
Mionetto Prosecco Split .....	\$11

### Cocktails & Slushies

Margarita, on the rocks (pick your flavor)	
Lime & Agave, Cucumber/Lime, Strawberry/Lemon...	\$12
Aperol Spritz.....	\$14
Sons and Dotters Old Fashioned.....	\$12
Espresso Martini.....	\$12

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\*Consuming raw or undercooked meats, poultry, seafood, shellfish, poke or eggs may increase your risk for food-borne illness, especially if you have a medical condition. Please inform a staff member if you or anyone in your party has food allergies or special dietary requirements.